

PROJECT ONE

Becoming the best that we can be.

An advisory committee working with the SHS principal to foster a positive school climate where mutual respect is everyone's goal and responsibility.



2003-04 PROJECTS

- * RANDOM ACTS OF KINDNESS WEEK
- * HOST/HOSTESS CLUB
- * WOMEN IN HISTORY CELEBRATION
- * POETRY CONTEST
- * INFORMATIVE PUBLICATIONS
- * "I PLEDGE TO . . ." campaign

2002-03



PROJECT ONE COMMITTEE MEMBERS

ASHLEY BINGHAM, Student
SHANA BOLAND, Student
ANTOINETTE BOLAND, Parent
TYLER BURNELL, Student
MARY ELLEN GLOVER, Counselor
ELISABETH HAMBURG, Teacher
JACOB GOTTIER, Student
ROBERT HANVELT, Student
FRANCIS T. KENNEDY - Principal
VERONICA MARKO, Student
JENNIFER MAYO, Student

REMEMBER . . .

AN *INNOCENT BYSTANDER*
IS AN OXYMORON.

**PLEDGE TO DO
SOMETHING
POSITIVE TODAY!**

**WHAT ARE YOU WILLING TO DO TO
DISCOURAGE INAPPROPRIATE
STUDENT BEHAVIOR AND
ENCOURAGE RESPECT IN OUR
SCHOOL, COMMUNITY, AND
WORLD?**

***PROJECT ONE
NEEDS YOUR HELP!***



**WILL YOU GO TO BAT TO
MAKE A BETTER SCHOOL,
COMMUNITY, AND WORLD?**

Respect demands that we treat others as we wish to be treated. Bullying has no place in a life filled with respect for self and others.

WHAT IS BULLYING?

It is physical or psychological intimidation that occurs repeatedly over time to create an ongoing pattern of abuse.

“Bullying” is another name for harassment. Bullying can be physical - one or more students hurting another. More often, however, bullying is verbal and includes persistent threatening, teasing, ridicule or talking about another person. (1999 *The Parent Institute*)

Consider this . . .

- 15% of students are bullied or bullies themselves (Olweus, 1993)
- 160,000 public school students stay home each day out of fear of “being picked on”
- 60% of those considered bullies in grades 6-9 are convicted of at least one crime by the age of 24 (Kaiser Family Foundation Survey, 2001)

WHAT CAN YOU DO IF YOU ARE BULLIED?

1. Tell a friend
2. Walk away
3. Become involved in something - whatever you like.
4. Chill out - don't respond - give an appearance of confidence
5. Try not to be alone
6. Keep a log
7. Continue to be yourself
8. Tell your parents
9. Tell a teacher, counselor, or administrator
10. Get the police involved

IT IS HARD TO STOP BULLYING BY YOURSELF.

TELL SOMEONE!

How can adults help build a community of respect?

Consider this . . .

- The average parent spends 12 minutes a day speaking with his child - 8 of those minutes are spent in discouraging conversation.

TALK WITH AND LISTEN TO YOUR CHILD.

(Although they may deny it, the undivided attention of a caring adult is what most children seek.)

- The single most important factor in helping children who are at risk in *any way* is the presence in their life of at least one caring adult.

BE THAT CARING ADULT!



Together we can make a difference!